

LCT Speed Lifesaving #2 2025 - Heat Sheets

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50m Manikin Tow With Fins SL

Heat 1

Lane	1	2	3	4	5	6	7	8
Swimmer	Simon Shelton	Bradley Herbst	Christian Wilson	Garth Bruwer	Alex Neusch	Brent Shield	Buntu Md yeshane	David Jansen
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 2

Lane	1	2	3	4	5	6	7	8
Swimmer	Renee Vrahimis	Nicole Persent	Victoria Donaldson	Jade Shield	Michelle Lamprecht	Lucy Miszewski	Sara Vita-Jansen	Sylvie Gorille
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 3

Lane	1	2	3	4	5	6	7	8
Swimmer		Avron Manchest	Conrad Scheepers	Kurt Rautenbach	Taro Tomitsuka	Tyriq Windell		Teagan Thompson
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 4

Lane	1	2	3	4	5	6	7	8
Swimmer	Isaiah Morris	Luc Michaels	Sive Ntoloko	Clayton Abrahams	Laeeq Devajee	Schalk Liebenberg	Conrad Jantjies	Dillon Abrahams
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 5

Lane	1	2	3	4	5	6	7	8
Swimmer		Abigail Kirkland	Isabella Done	Jessie Allott	Jenna Loubser	Hannah Burke		
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 6

Lane	1	2	3	4	5	6	7	8
Swimmer		Lucca Basson	Jan-Lukas Van der Westhuizen	Jack Allott	Caleb Jansen	Christian Van Heerden (u15)	Niyaz Devajee	
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 7

LCT Speed Lifesaving #2 2025 - Heat Sheets

Lane	1	2	3	4	5	6	7	8
Swimmer			Dylan van Vuuren	Casey Bruwer	Katya Bova-Olsen	Miya Krog	Kyla Allott	
In	-----	-----	-----	-----	-----	-----	-----	-----

LCT Speed Lifesaving #2 2025 - Heat Sheets

50m Manikin Carry With Fins (Mini) SL

Heat 1

Lane	1	2	3	4	5	6	7	8
Swimmer		Leela Heyns	Joah de Villiers	Grace Budde	Hailey Alcock	Lakin Leibrandt	Madison Tucker	
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 2

Lane	1	2	3	4	5	6	7	8
Swimmer			Christiaan Basson	Hunter Macdonald	Sebastian Fourie			
In	-----	-----	-----	-----	-----	-----	-----	-----

LCT Speed Lifesaving #2 2025 - Heat Sheets

50m Manikin Carry With Fins (Medium) SL

Heat 1

Lane	1	2	3	4	5	6	7	8
Swimmer		Kara Pretorius	Hannah Van Heerden	Sarah Mocke	Isabella Brooker	Caitlin Barnes	Alexa Heldsinger	Kinga Koen
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 2

Lane	1	2	3	4	5	6	7	8
Swimmer		Diego Jansen	Jaydon Allott	Christian Van Heerden	Puneet Nagendra kumar	Dylan Froneman	Callum Faulkner	
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 3

Lane	1	2	3	4	5	6	7	8
Swimmer		Greyson September	Slater Van den Heever	Declan Tucker	Sebastian Neuhold			
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 4

Lane	1	2	3	4	5	6	7	8
Swimmer	Jaime urtel	Gia Heldsinger	Courtney Alcock	Tshegofatso Le Roux	Bianca Van der Westhuizen	Dani Bruwer	Hannah Carelse	Katie Dyason
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 5

Lane	1	2	3	4	5	6	7	8
Swimmer	Yuanxi Daniel Lee	Nolan Froneman	Daniel Van der Westhuizen		Benjamin Fourie	Kallon Allott	Tristan Van den Heever	Zach Lamprecht
In	-----	-----	-----	-----	-----	-----	-----	-----

LCT Speed Lifesaving #2 2025 - Heat Sheets

50m Manikin Carry With Fins SL

Heat 1								
Lane	1	2	3	4	5	6	7	8
Swimmer	Bradley Herbst	Simon Shelton	Buntu Mdyeshane	Garth Bruwer	David Jansen	Alex Neusch	Sive Ntoloko	Brent Shield
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 2								
Lane	1	2	3	4	5	6	7	8
Swimmer	Nicole Persent	Renee Vrahimis	Victoria Donaldson	Jade Shield	Michelle Lamprecht	Lucy Miszewski	Sylvie Gorille	Sara Vita-Jansen
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 3								
Lane	1	2	3	4	5	6	7	8
Swimmer	Avron Manchest	Teagan Thompson	Conrad Scheepers	Kurt Rautenbach		Taro Tomitsuka	Tyriq Windell	Clayton Abrahams
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 4								
Lane	1	2	3	4	5	6	7	8
Swimmer		Isaiah Morris	Luc Michaels		Laeq Devajee	Conrad Jantjies	Schalk Liebenberg	Dillon Abrahams
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 5								
Lane	1	2	3	4	5	6	7	8
Swimmer			Jessie Allott	Abigail Kirkland	Hannah Burke	Jenna Loubser		
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 6								
Lane	1	2	3	4	5	6	7	8
Swimmer		Niyaz Devajee	Jan-Lukas Van der Westhuizen	Jack Allott	Caleb Jansen	Lucca Basson		
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 7

LCT Speed Lifesaving #2 2025 - Heat Sheets

Lane	1	2	3	4	5	6	7	8
Swimmer		Kyla Allott	Casey Bruwer	Katya Bova-Olsen	Miya Krog	Dylan van Vuuren		
In	-----	-----	-----	-----	-----	-----	-----	-----

LCT Speed Lifesaving #2 2025 - Heat Sheets

50m With Fins SL

Heat 1

Lane	1	2	3	4	5	6	7	8
Swimmer	Dillon Abrahams	Tyriq Windell	Brent Shield	Garth Bruwer	Alex Neusch	David Jansen	Bradley Herbst	Buntu Md yeshane
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 2

Lane	1	2	3	4	5	6	7	8
Swimmer		Renee Vrahimis	Sylvie Gorille	Jade Shield	Michelle Lamprecht	Lucy Miszewski	Nicole Persent	Sara Vita-Jansen
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 3

Lane	1	2	3	4	5	6	7	8
Swimmer	Joshua Kalapac	Isaiah Morris	Taro Tomitsuka	Conrad Scheepers		Lucca Basson	Schalk Liebenberg	Conrad Jantjies
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 4

Lane	1	2	3	4	5	6	7	8
Swimmer	Simon Shelton		Sive Ntoloko	Teagan Thompson	Kurt Rautenbach	Christian Wilson	Laeq Devajee	Clayton Abrahams
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 5

Lane	1	2	3	4	5	6	7	8
Swimmer		Hannah Burke	Katya Bova-Olsen	Casey Bruwer	Jenna Loubser	Dylan van Vuuren	Miya Krog	Isabella Done
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 6

Lane	1	2	3	4	5	6	7	8
Swimmer	Courtney Alcock	Caitlin Barnes	Tshegofatso Le Roux	Sarah Mocke	Katie Dyason	Jaime urtel	Kinga Koen	Dani Bruwer
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 7

LCT Speed Lifesaving #2 2025 - Heat Sheets

Lane	1	2	3	4	5	6	7	8
Swimmer		Sebastian Neuhold	Connor Gilmour	Declan Tucker	Callum Faulkner	Puneet Nagendra kumar	Niyaaaz Devajee	Slater Van den Heever
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 8

Lane	1	2	3	4	5	6	7	8
Swimmer	Hailey Alcock	Zach Lamprecht			Hunter Macdonald	Tristan Van den Heever	Grace Budde	Joah de Villiers
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 9

Lane	1	2	3	4	5	6	7	8
Swimmer	Christiaan Basson	Leela Heyns	Lakin Leibrandt	Bianca Van der Westhuizen	Madison Tucker	Kallon Allott	Sebastian Fourie	Hannah Carelse
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 10

Lane	1	2	3	4	5	6	7	8
Swimmer	Daniel Van der Westhuizen	Abigail Kirkland	Victoria Donaldson	Greyson September	Hannah Van Heerden	Kyla Allott	Nolan Froneman	Benjamin Fourie
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 11

Lane	1	2	3	4	5	6	7	8
Swimmer	Yuanxi Daniel Lee	Kara Pretorius	Diego Jansen	Luc Michaels	Dylan Froneman	Gia Heldsinger	Alexa Heldsinger	Isabella Brooker
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 12

Lane	1	2	3	4	5	6	7	8
Swimmer	Jaydon Allott	Caleb Jansen	Jan-Lukas Van der Westhuizen			Jack Allott	Christian Van Heerden	Jessie Allott
In	-----	-----	-----	-----	-----	-----	-----	-----