

# LCT Nipper Champs 2025/6 - Heat Sheets

# LCT Nipper Champs 2025/6 - Heat Sheets

## 100m Rescue Medley (Medium)

**Heat 1**

Lane	1	2	3	4	5	6	7	8
Swimmer	Noah Kervarrec	Hannah van Heerden	Sarah Mocke	Jaydon Allott	Dylan Froneman	Caitlin Barnes	CJ Hutchinson	Rohin Desai
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 2**

Lane	1	2	3	4	5	6	7	8
Swimmer	Zola Cristini	Vidar Bendixen	Alexis Done	Ryn Abrie	Emilie Conradie	Rebecca Alderman	Bona Fischer	Emma Brownlee
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 3**

Lane	1	2	3	4	5	6	7	8
Swimmer	Chase Sim	Georgia Casson-Crook	Arianna Steen	Leah Muzik	Cameron Volkmann	Will Tremeer	Hannah Cadiz	Waylon Harvey
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 4**

Lane	1	2	3	4	5	6	7	8
Swimmer		Ahadi Magotsi	Saffiya Emjedi	Emma Cullis	Gia Heldsinger	Tshegofatso Le Roux	Connor De Allende	
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 5**

Lane	1	2	3	4	5	6	7	8
Swimmer		Griffin Volkmann	Thomas Bunyard	Kallon Allott	Sebastian Neuhold	Daniel Verdon	Johannes Spangenberg	
In	-----	-----	-----	-----	-----	-----	-----	-----

# LCT Nipper Champs 2025/6 - Heat Sheets

## 100m Torpedo Buoy Rescue

**Heat 1**

Lane	1	2	3	4	5	6	7	8
Swimmer	Willem Spangenberg	Katie Dyason	Emma Richards	Nolan Froneman	Boyd Skordis	Leah Verdon	Isla Conradie	Zach Lamprecht
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 2**

Lane	1	2	3	4	5	6	7	8
Swimmer	Madison Tucker	Bianca van der Westhuizen	Josh van Gysen	Benjamin Fourie	Daniel van der Westhuizen	Lukas Loubser	Zuhair Gamieldeen	Leo Treki
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 3**

Lane	1	2	3	4	5	6	7	8
Swimmer	Byron Hutchinson	Alexander Rusch	Hannah Jenniker	Elizabeth Spangenberg	Fia moore ackerman	Caleb Bugler	Roan Horne	Riley Arbuthnot
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 4**

Lane	1	2	3	4	5	6	7	8
Swimmer	Farrell van Asperen	Hannah Carelse	Jamie Urtel	Adalayde Hoffman	Remy Zaroozny	Kai Werndle	Dylan van Gysen	Kyla Murphy
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 5**

Lane	1	2	3	4	5	6	7	8
Swimmer	Liam Taukobong	Levi April	Sakinah Gamieldeen	Grace Budde	Jackson Goodall	Noah Smollan	Akasia Deblitz	Charlie Dardeau
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 6**

Lane	1	2	3	4	5	6	7	8
Swimmer		Noah Howes	Cameron Treki	Alexander Mckeown	Bo Fischer	Daniel Goodall	Ismail Moosajee	
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 7**

# LCT Nipper Champs 2025/6 - Heat Sheets

Lane	1	2	3	4	5	6	7	8
Swimmer		Imogen Lentz	Aasiya Baker	Riley Lewis Thomas	Boleng Leepile	Evie Hiscock	Sophie Ming Chong	
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 8

Lane	1	2	3	4	5	6	7	8
Swimmer		Chloe de Haan	Kora Glencross	Stella Budde	Ramona Tucker	Georgie Palm	Claire Marsal	
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 9

Lane	1	2	3	4	5	6	7	8
Swimmer	Zahraa Baker	Shae Zarozny	Maya Rasool	Libelulla Treki	Lily De Allende	Mimi Werndle	Tilda May	Hugo Brand
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 10

Lane	1	2	3	4	5	6	7	8
Swimmer	Charles George Thompson	Adam Bullivant	Kai Rivett	Ru Moore Ackerman	Elayah Fabian	Sebastian Fourie		Luka Monaali-Krweqe
In	-----	-----	-----	-----	-----	-----	-----	-----

# LCT Nipper Champs 2025/6 - Heat Sheets

## 100m Super Nipper

Heat 1

Lane	1	2	3	4	5	6	7	8
Swimmer	Noah Kervarrec	Emilie Conradie	Dylan Froneman	Sarah Mocke	Jaydon Allott	Caitlin Barnes	Ryn Abrie	Alexis Done
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 2

Lane	1	2	3	4	5	6	7	8
Swimmer	Emma Brownlee	Saffiya Emjedi	Rebecca Allderman	Hannah van Heerden		Rohin Desai	Vidar Bendixen	Zola Cristini
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 3

Lane	1	2	3	4	5	6	7	8
Swimmer		Ahadi Magotsi	Will Tremeer	Johannes Spangenberg	Kallon Allott	Waylon Harvey	Cameron Volkmann	
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 4

Lane	1	2	3	4	5	6	7	8
Swimmer	Arianna Steen	Hannah Cadiz	Leah Muzik	Bona Fischer	Emma Cullis	Gia Heldsinger	Tshegofatso Le Roux	Georgia Casson-Crook
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 5

Lane	1	2	3	4	5	6	7	8
Swimmer		Thomas Bunyard	Sebastian Neuhold	Chase Sim	Daniel Verdon	Connor De Allende	Griffin Volkmann	
In	-----	-----	-----	-----	-----	-----	-----	-----

# LCT Nipper Champs 2025/6 - Heat Sheets

## 4x25m Manikin Relay (Mini)

Heat 1								
Lane	1	2	3	4	5	6	7	8
Swimmer		CF u10E Relay	CF u10C Relay	CF u10A Relay	CF u10B Relay	CF u10D Relay	FH u10A 4x25 Manikin Relay (Mini)	
In	-----	-----	-----	-----	-----	-----	-----	-----

# LCT Nipper Champs 2025/6 - Heat Sheets

## 4x25m Manikin Relay (Medium)

**Heat 1**

Lane	1	2	3	4	5	6	7	8
Swimmer	LL u14B 4x25 Manikin Relay (Medium)	FH u14A 4x25 Manikin Relay (Medium)	FH u14B 4x25 Manikin Relay (Medium)		CF u14A Relay	CF u14C Relay	CF u14B Relay	LL u14A 4x25 Manikin Relay (Medium)
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 2**

Lane	1	2	3	4	5	6	7	8
Swimmer			CF u12c Relay	CF u12B Relay	FH u12C 4x25 Manikin Relay (Medium)	FH u12B 4x25 Manikin Relay (Medium)		
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 3**

Lane	1	2	3	4	5	6	7	8
Swimmer		BB u12A 4x25 Manikin Relay	FH u12A 4x25 Manikin Relay (Medium)	LL u12A 4x25 Manikin Relay (Medium)	CF u12A Relay	MIL u12A 4x25 Manikin Relay (Medium)		
In	-----	-----	-----	-----	-----	-----	-----	-----

# LCT Nipper Champs 2025/6 - Heat Sheets

## 50m Manikin Carry (Mini)

**Heat 1**

Lane	1	2	3	4	5	6	7	8
Swimmer	Levi April	Roan Horne	Dylan van Gysen	Byron Hutchinson	Caleb Bugler	Elizabeth Spangenberg	Sakinah Gamieldeen	Jackson Goodall
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 2**

Lane	1	2	3	4	5	6	7	8
Swimmer	Luka Monaali-Krweqe		Sebastian Fourie	Farrell van Asperen	Elayah Fabian	Charles George Thompson	Adam Bullivant	Noah Smollan
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 3**

Lane	1	2	3	4	5	6	7	8
Swimmer	Libelulla Treki	Lily De Allende	Georgie Palm	Boleng Leepile	Claire Marsal	Kora Glencross	Chloe de Haan	Ramona Tucker
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 4**

Lane	1	2	3	4	5	6	7	8
Swimmer		Mimi Werndle	Tilda May	Maya Rasool	Zahraa Baker	Stella Budde	Shae Zaroozny	
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 5**

Lane	1	2	3	4	5	6	7	8
Swimmer			Ru Moore Ackerman	Hugo Brand	Liam Taukobong	Kai Rivett		
In	-----	-----	-----	-----	-----	-----	-----	-----

# LCT Nipper Champs 2025/6 - Heat Sheets

## 50m Freestyle

**Heat 1**

Lane	1	2	3	4	5	6	7	8
Swimmer	Hannah Cadiz	Emma Brownlee	Hannah van Heerden	Bona Fischer	Leah Muzik	Alexis Done	Georgia Casson-Crook	Caitlin Barnes
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 2**

Lane	1	2	3	4	5	6	7	8
Swimmer	Dylan Froneman	Gia Heldsinger	Rebecca Allderman	CJ Hutchinson	Zola Cristini	Sarah Mocke	Emilie Conradie	Jaydon Allott
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 3**

Lane	1	2	3	4	5	6	7	8
Swimmer	Waylon Harvey	Chase Sim	Ryn Abrie	Will Tremeer	Emma Cullis	Cameron Volkmann	Arianna Steen	Saffiya Emjedi
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 4**

Lane	1	2	3	4	5	6	7	8
Swimmer		Daniel Verdon	Connor De Allende	Tshegofatso Le Roux	Johannes Spangenberg	Kallon Allott	Griffin Volkmann	
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 5**

Lane	1	2	3	4	5	6	7	8
Swimmer		Ahadi Magotsi	Thomas Bunyard	Rohin Desai	Vidar Bendixen	Sebastian Neuhold	Noah Kervarrec	
In	-----	-----	-----	-----	-----	-----	-----	-----

# LCT Nipper Champs 2025/6 - Heat Sheets

## 50m Manikin Carry (Medium)

**Heat 1**

Lane	1	2	3	4	5	6	7	8
Swimmer	Gia Heldsinger	Noah Kervarrec	Dylan Froneman	Jaydon Allott	Sarah Mocke	Emilie Conradie	Hannah van Heerden	Caitlin Barnes
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 2**

Lane	1	2	3	4	5	6	7	8
Swimmer	Johannes Spangenberg	Alexis Done	Saffiya Emjedi	Ryn Abrie	CJ Hutchinson	Rohin Desai	Vidar Bendixen	Rebecca Allderman
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 3**

Lane	1	2	3	4	5	6	7	8
Swimmer	Zuhair Gamieldeen	Boyd Skordis	Zola Cristini	Daniel Verdon	Nolan Froneman	Emma Brownlee	Chase Sim	Bona Fischer
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 4**

Lane	1	2	3	4	5	6	7	8
Swimmer	Katie Dyason	Ahadi Magotsi	Bianca van der Westhuizen	Daniel van der Westhuizen	Emma Richards	Isla Conradie	Benjamin Fourie	Kallon Allott
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 5**

Lane	1	2	3	4	5	6	7	8
Swimmer	Madison Tucker	Leah Verdon	Daniel Goodall	Sebastian Neuhold	Tshegofatso Le Roux	Josh van Gysen	Jamie Urtel	Will Tremeer
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 6**

Lane	1	2	3	4	5	6	7	8
Swimmer	Cameron Volkmann	Georgia Casson-Crook	Alexander Rusch	Hannah Jenniker	Zach Lamprecht	Hannah Carelse	Hannah Cadiz	Leah Muzik
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 7**

# LCT Nipper Champs 2025/6 - Heat Sheets

Lane	1	2	3	4	5	6	7	8
Swimmer		Thomas Bunyard	Noah Howes	Connor De Allende	Waylon Harvey	Griffin Volkmann	Cameron Treki	
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 8

Lane	1	2	3	4	5	6	7	8
Swimmer		Adalayde Hoffman	Arianna Steen	Sophie Ming Chong	Aasiya Baker	Emma Cullis	Akasia Deblitz	
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 9

Lane	1	2	3	4	5	6	7	8
Swimmer	Charlie Dardeau	Riley Arbuthnot	Imogen Lentz	Grace Budde	Evie Hiscock	Kyla Murphy	Riley Lewis Thomas	
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 10

Lane	1	2	3	4	5	6	7	8
Swimmer	Remy Zarozny	Bo Fischer	Lukas Loubser	Willem Spangenberg	Leo Treki	Kai Werndle	Ismail Moosajee	
In	-----	-----	-----	-----	-----	-----	-----	-----

# LCT Nipper Champs 2025/6 - Heat Sheets

## 100m Manikin Carry with Fins (Mini)

### Heat 1

Lane	1	2	3	4	5	6	7	8
Swimmer	Sakinah Gamiel die n	Dylan van Gysen	Elizabeth Spangen berg	Caleb Bugler	Byron Hutchinso n	Roan Horne	Farrell van Asperen	Levi April
In	-----	-----	-----	-----	-----	-----	-----	-----

### Heat 2

Lane	1	2	3	4	5	6	7	8
Swimmer	Kora Glencross	Chloe de Haan	Liam Taukobon g	Jackson Goodall	Noah Smollan	Ru Moore Ackerman	Boleng Leepile	Ramona Tucker
In	-----	-----	-----	-----	-----	-----	-----	-----

### Heat 3

Lane	1	2	3	4	5	6	7	8
Swimmer		Tilda May	Shae Zaroozny	Georgie Palm	Maya Rasool	Claire Marsal		
In	-----	-----	-----	-----	-----	-----	-----	-----

### Heat 4

Lane	1	2	3	4	5	6	7	8
Swimmer		Zahraa Baker	Mimi Werndle	Libelulla Treki	Lily De Allende	Stella Budde		
In	-----	-----	-----	-----	-----	-----	-----	-----

### Heat 5

Lane	1	2	3	4	5	6	7	8
Swimmer	Kai Rivett	Charles George Thompso n		Elayah Fabian	Sebastian Fourie	Adam Bullivant	Luka Monaali-Krweqe	Hugo Brand
In	-----	-----	-----	-----	-----	-----	-----	-----

# LCT Nipper Champs 2025/6 - Heat Sheets

## 100m Manikin Carry with Fins (Medium)

**Heat 1**

Lane	1	2	3	4	5	6	7	8
Swimmer	Alexis Done	Caitlin Barnes	CJ Hutchinson	Jaydon Allott	Sarah Mocke	Dylan Froneman	Emilie Conradie	Vidar Bendixen
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 2**

Lane	1	2	3	4	5	6	7	8
Swimmer	Rebecca Alderman	Hannah van Heerden	Noah Kervarrec	Gia Heldsinger	Saffiya Emjedi	Ryn Abrie	Hannah Cadiz	Johannes Spangenberg
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 3**

Lane	1	2	3	4	5	6	7	8
Swimmer	Isla Conradie	Bona Fischer	Zola Cristini	Rohin Desai	Nolan Froneman	Emma Brownlee	Emma Richards	Leah Verdon
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 4**

Lane	1	2	3	4	5	6	7	8
Swimmer	Zuhair Gamieldeen	Josh van Gysen	Katie Dyason	Chase Sim	Boyd Skordis	Zach Lamprecht	Tshegofatso Le Roux	Benjamin Fourie
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 5**

Lane	1	2	3	4	5	6	7	8
Swimmer	Fia moore ackerman	Daniel van der Westhuizen	Bo Fischer	Daniel Verdon	Bianca van der Westhuizen	Sebastian Neuhold	Cameron Volkmann	Kallon Allott
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 6**

Lane	1	2	3	4	5	6	7	8
Swimmer	Daniel Goodall	Hannah Jenniker	Madison Tucker	Leah Muzik	Adalayde Hoffman	Alexander Rusch	Ahadi Magotsi	Jamie Urtel
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 7**

# LCT Nipper Champs 2025/6 - Heat Sheets

Lane	1	2	3	4	5	6	7	8
Swimmer	Waylon Harvey	Kai Werndle	Hannah Carelse	Arianna Steen	Lukas Loubser	Akasia Deblitz	Georgia Casson-Crook	Emma Cullis
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 8

Lane	1	2	3	4	5	6	7	8
Swimmer		Griffin Volkmann	Charlie Dardeau	Thomas Bunyard	Connor De Allende	Aasiya Baker	Sophie Ming Chong	
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 9

Lane	1	2	3	4	5	6	7	8
Swimmer		Kyla Murphy	Grace Budde	Riley Lewis Thomas	Imogen Lentz	Evie Hiscock	Riley Arbuthnot	
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 10

Lane	1	2	3	4	5	6	7	8
Swimmer		Cameron Treki	Leo Treki	Remy Zarozny	Ismail Moosajee	Willem Spangenberg	Noah Howes	
In	-----	-----	-----	-----	-----	-----	-----	-----

# LCT Nipper Champs 2025/6 - Heat Sheets

## 50m Obstacles

### Heat 1

Lane	1	2	3	4	5	6	7	8
Swimmer	Sakinah Gamiel die n	Farrell van Asperen	Roan Horne	Caleb Bugler	Byron Hutchinso n	Jackson Goodall	Elizabeth Spangenb erg	Elayah Fabian
In	-----	-----	-----	-----	-----	-----	-----	-----

### Heat 2

Lane	1	2	3	4	5	6	7	8
Swimmer		Adam Bullivant	Boleng Leepile	Ru Moore Ackerman	Chloe de Haan	Levi April	Charles George Thompso n	
In	-----	-----	-----	-----	-----	-----	-----	-----

### Heat 3

Lane	1	2	3	4	5	6	7	8
Swimmer		Kora Glencross	Claire Marsal	Libelulla Treki	Georgie Palm	Stella Budde	Lily De Allende	
In	-----	-----	-----	-----	-----	-----	-----	-----

### Heat 4

Lane	1	2	3	4	5	6	7	8
Swimmer		Maya Rasool	Zahraa Baker	Shae Zaroozny	Tilda May	Ramona Tucker	Mimi Werndle	
In	-----	-----	-----	-----	-----	-----	-----	-----

### Heat 5

Lane	1	2	3	4	5	6	7	8
Swimmer	Noah Smollan	Dylan van Gysen	Hugo Brand		Luka Monaali-Krweqe	Kai Rivett	Sebastian Fourie	Liam Taukobon g
In	-----	-----	-----	-----	-----	-----	-----	-----

# LCT Nipper Champs 2025/6 - Heat Sheets

## 100m Obstacles

Heat 1								
Lane	1	2	3	4	5	6	7	8
Swimmer	Vidar Bendixen	Caitlin Barnes	Sarah Mocke	Jaydon Allott	Dylan Froneman	CJ Hutchinson	Hannah van Heerden	Noah Kervarrec
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 2								
Lane	1	2	3	4	5	6	7	8
Swimmer	Saffiya Emjedi	Gia Heldsinger	Boyd Skordis	Emilie Conradie	Hannah Cadiz	Rohin Desai	Ryn Abrie	Daniel Verdon
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 3								
Lane	1	2	3	4	5	6	7	8
Swimmer	Chase Sim	Rebecca Alderman	Alexis Done	Bona Fischer	Nolan Froneman	Zuhair Gamieldeen	Johannes Spangenberg	Leah Verdon
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 4								
Lane	1	2	3	4	5	6	7	8
Swimmer	Emma Richards	Isla Conradie	Cameron Volkmann	Leah Muzik	Benjamin Fourie	Bianca van der Westhuizen	Tshegofatso Le Roux	Arianna Steen
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 5								
Lane	1	2	3	4	5	6	7	8
Swimmer	Sebastian Neuhold	Ahadi Magotsi	Hannah Jenniker	Daniel van der Westhuizen	Bo Fischer	Katie Dyason	Zola Cristini	Kallon Allott
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 6								
Lane	1	2	3	4	5	6	7	8
Swimmer	Emma Brownlee	Lukas Loubser	Adalayde Hoffman	Fia moore ackerman	Riley Arbuthnot	Will Tremeer	Zach Lamprecht	Kai Werndle
In	-----	-----	-----	-----	-----	-----	-----	-----

# LCT Nipper Champs 2025/6 - Heat Sheets

**Heat 7**

Lane	1	2	3	4	5	6	7	8
Swimmer	Waylon Harvey	Hannah Carelse	Alexander Rusch	Jamie Urtel	Akasia Deblitz	Leo Treki	Georgia Casson-Crook	Emma Cullis
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 8**

Lane	1	2	3	4	5	6	7	8
Swimmer	Cameron Treki	Sophie Ming Chong	Thomas Bunyard	Connor De Allende	Griffin Volkmann	Aasiya Baker	Alexander Mckeown	Daniel Goodall
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 9**

Lane	1	2	3	4	5	6	7	8
Swimmer	Madison Tucker	Imogen Lentz	Evie Hiscock		Charlie Dardeau	Grace Budde	Kyla Murphy	Riley Lewis Thomas
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 10**

Lane	1	2	3	4	5	6	7	8
Swimmer		Josh van Gysen	Ismail Moosajee	Noah Howes	Remy Zaroozny	Willem Spangenberg		
In	-----	-----	-----	-----	-----	-----	-----	-----

# LCT Nipper Champs 2025/6 - Heat Sheets

## 4x50m Obstacle Relay

**Heat 1**

Lane	1	2	3	4	5	6	7	8
Swimmer	LL u14A 4x50 Obstacle Relay	FH u14A 4x50 Obstacle Relay	CF u14C Relay	CF u14A Relay	CF u14B Relay		FH u14B 4x50 Obstacle Relay	LL u14B 4x50 Obstacle Relay
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 2**

Lane	1	2	3	4	5	6	7	8
Swimmer	FH u12C 4x50 Obstacle Relay	FH u12A 4x50 Obstacle Relay	CF u12B Relay	BB u12A 4x50 Obstacle Relay	CF u12A Relay	CF u12c Relay	FH u12B 4x50 Obstacle Relay	LL u12A 4x50 Obstacle Relay
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 3**

Lane	1	2	3	4	5	6	7	8
Swimmer	FH u10A 4x50 Obstacle Relay	CF u10D Relay	CF u10B Relay	MIL u12A 4x50 Obstacle Relay	CF u10A Relay	CF u10C Relay	CF u10E Relay	
In	-----	-----	-----	-----	-----	-----	-----	-----

# LCT Nipper Champs 2025/6 - Heat Sheets

## 50m Freestyle with Fins

**Heat 1**

Lane	1	2	3	4	5	6	7	8
Swimmer	Caitlin Barnes	Hannah Cadiz	Alexis Done	Emma Brownlee	Hannah van Heerden	Bona Fischer	Leah Muzik	Georgia Casson-Crook
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 2**

Lane	1	2	3	4	5	6	7	8
Swimmer	Jaydon Allott	CJ Hutchinson	Dylan Froneman	Zola Cristini	Emilie Conradie	Rebecca Alderman	Sarah Mocke	Gia Heldsinger
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 3**

Lane	1	2	3	4	5	6	7	8
Swimmer		Arianna Steen	Saffiya Emjedi	Cameron Volkmann	Chase Sim	Tshegofatso Le Roux	Emma Cullis	
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 4**

Lane	1	2	3	4	5	6	7	8
Swimmer	Griffin Volkmann	Johannes Spangenberg	Daniel Verdon	Noah Kervarrec	Waylon Harvey	Connor De Allende	Kallon Allott	
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 5**

Lane	1	2	3	4	5	6	7	8
Swimmer	Will Tremeer	Thomas Bunyard	Rohin Desai	Ryn Abrie	Vidar Bendixen	Ahadi Magotsi	Sebastian Neuhold	
In	-----	-----	-----	-----	-----	-----	-----	-----

# LCT Nipper Champs 2025/6 - Heat Sheets

## 4x50m Medley Relay

**Heat 1**

Lane	1	2	3	4	5	6	7	8
Swimmer	LL u14A 4x50 Medley Relay	FH u14A 4x50 Medley Relay	CF u14C Relay	CF u14A Relay	CF u14B Relay		FH u14B 4x50 Medley Relay	LL u14B 4x50 Medley Relay
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 2**

Lane	1	2	3	4	5	6	7	8
Swimmer	CF u12B Relay	FH u12B 4x50 Medley Relay	BB u12A 4x50 Medley Relay	FH u12C 4x50 Medley Relay	MIL u12A 4x50 Medley Relay	CF u12A Relay	LL u12A 4x50 Medley Relay	FH u12A 4x50 Medley Relay
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 3**

Lane	1	2	3	4	5	6	7	8
Swimmer	CF u10C Relay	CF u10D Relay	CF u10E Relay	CF u12c Relay	CF u10B Relay	FH u10A 4x50 Medley Relay	CF u10A Relay	
In	-----	-----	-----	-----	-----	-----	-----	-----

# LCT Nipper Champs 2025/6 - Heat Sheets

## Ball Throw Relay

**Heat 1**

Lane	1	2	3	4	5	6	7	8
Swimmer		LL u14A Ball Throw Relay		FH u14A Ball Throw Relay		CF u14A Relay		
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 2**

Lane	1	2	3	4	5	6	7	8
Swimmer		LL u12A Ball Throw Relay		FH u12B Ball Throw Relay		BB u12A Ball Throw Relay		
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 3**

Lane	1	2	3	4	5	6	7	8
Swimmer		CF u12A Relay		MIL u12A Ball Throw Relay		FH u12A Ball Throw Relay		
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 4**

Lane	1	2	3	4	5	6	7	8
Swimmer		CF u14B Relay		FH u14B Ball Throw Relay		CF u14C Relay		LL u14B Ball Throw Relay
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 5**

Lane	1	2	3	4	5	6	7	8
Swimmer		CF u12B Relay		CF u12c Relay		FH u12C Ball Throw Relay		
In	-----	-----	-----	-----	-----	-----	-----	-----

**Heat 6**

Lane	1	2	3	4	5	6	7	8
Swimmer								
In	-----	-----	-----	-----	-----	-----	-----	-----

# LCT Nipper Champs 2025/6 - Heat Sheets

# LCT Nipper Champs 2025/6 - Heat Sheets

## 4x50m Lifesaver Relay (Mini)

# LCT Nipper Champs 2025/6 - Heat Sheets

## 4x50m Lifesaver Relay (Medium)