

#3 Rescue Sport Series - UWC - Heat Sheets

#3 Rescue Sport Series - UWC - Heat Sheets

50m Manikin Carry (Mini)

Heat 1								
Lane	1	2	3	4	5	6	7	8
Swimmer	Tara Desai	Elizabeth Spangenberg	Lukas Loubser	Willem Spangenberg	Grayson Haller	Fia Moore Ackerman	Jean-Louis Kroon	Sam Bishop
In	-----	-----	-----	-----	-----	-----	-----	-----

#3 Rescue Sport Series - UWC - Heat Sheets

50m Manikin Carry (Medium)

Heat 1

Lane	1	2	3	4	5	6	7	8
Swimmer	Dylan Froneman	Diego Jansen	Rourke Louw	Puneet Nagendra kumar	Callan Compton	Jaydon Allott	Isabella Brooker	Caro Bishop
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 2

Lane	1	2	3	4	5	6	7	8
Swimmer	Saffiya Emjedi	Vidar Bendixen	Tyde Sim	Caitlin Barnes	Emilie Conradie	Ryn Abrie	Rohin Desai	Gemma Blackburn
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 3

Lane	1	2	3	4	5	6	7	8
Swimmer	Emma Richards	Greyson September	Rebecca Allderman	Tyler-Rose Nel	Nolan Froneman	Lune Fouche	Johannes Spangenberg	Boyd Skordis
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 4

Lane	1	2	3	4	5	6	7	8
Swimmer	Tshegofatso Le Roux	Emily Clark	Katie Dyason	Isla Conradie	Zuhair Gamieldeen	Emma Brownlee	Sebastian Neuhold	Yuanxi Daniel Lee
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 5

Lane	1	2	3	4	5	6	7	8
Swimmer			Gian-Franco Fouche	Zola Cristini	Kallon Allott			
In	-----	-----	-----	-----	-----	-----	-----	-----

#3 Rescue Sport Series - UWC - Heat Sheets

50m Manikin Carry

Heat 1								
Lane	1	2	3	4	5	6	7	8
Swimmer	Luke Glock	Wilan Basson	Matthew Brooker	Jake Hutton	Mathew Pincente	Matthew Brading	Steven Waters	Matthew Brooker (Snr)
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 2								
Lane	1	2	3	4	5	6	7	8
Swimmer	Jan-Lukas Van der Westhuizen	Caleb Jansen	Jamie Smuts	Conrad Scheepers	Luc Brand	Tanner Gorille	Riziki Magotsi	Tyler Ernstzen
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 3								
Lane	1	2	3	4	5	6	7	8
Swimmer	Grant Nefdt	Wade Beukes	Amica De Jager	Jack Allott	Casey Bruwer	Erin Langenhoven (Snr)	Garth Bruwer	Michelle Lamprecht
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 4								
Lane	1	2	3	4	5	6	7	8
Swimmer	Miya Krog	Joseph Brading	Teagan Thompson	Imani Magotsi	Zia Petersen	Erin Langenhoven	Leon Walther-Kotzé	Amber-Rose Berry (Snr)
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 5								
Lane	1	2	3	4	5	6	7	8
Swimmer	Imani Magotsi (Snr)	Victoria Donaldson	Jessie Allott	Kianna-Gro Liversage	Amber-Rose Berry	Roy Clark	Ellen Hodgkinson	Ellen Hodgkinson (Snr)
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 6								
Lane	1	2	3	4	5	6	7	8
Swimmer	Mascha Moorlach	Heather Cresswell	Liam Brownlee	Sylvie Gorille	Kyla Allott	Darryl Lindt	Kianna-Gro Liversage (Snr)	Renee Vrahimis
In	-----	-----	-----	-----	-----	-----	-----	-----

#3 Rescue Sport Series - UWC - Heat Sheets

Heat 7

Lane	1	2	3	4	5	6	7	8
Swimmer	Mark Wiley	Luc Brand (Snr)	Andrew Watts	Sally Matusik	Zia Petersen (Snr)	Jake Hutton (Snr)	Marc Pincente	Mathew Pincente (Snr)
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 8

Lane	1	2	3	4	5	6	7	8
Swimmer	Sophia Wener	Wilan Basson (Snr)	Taro Tomitsuka	Matthew Brading (Snr)	Soeren Bendixen	Tyler Erntzen (Snr)	Nicola Harcus	
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 9

Lane	1	2	3	4	5	6	7	8
Swimmer								
In	-----	-----	-----	-----	-----	-----	-----	-----

#3 Rescue Sport Series - UWC - Heat Sheets

100m Rescue Medley (Medium)

Heat 1								
Lane	1	2	3	4	5	6	7	8
Swimmer	Diego Jansen	Dylan Froneman	Rourke Louw	Callan Compton	Puneet Nagendra kumar	Jaydon Allott	Isabella Brooker	Caitlin Barnes
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 2								
Lane	1	2	3	4	5	6	7	8
Swimmer	Greyson September	Tyler-Rose Nel	Tyde Sim	Gemma Blackburn	Rebecca Alderman	Lune Fouche	Ryn Abrie	Emma Brownlee
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 3								
Lane	1	2	3	4	5	6	7	8
Swimmer				Zola Cristini				
In	-----	-----	-----	-----	-----	-----	-----	-----

#3 Rescue Sport Series - UWC - Heat Sheets

100m Rescue Medley

Heat 1

Lane	1	2	3	4	5	6	7	8
Swimmer	Luc Brand	Steven Waters	Mathew Pincente	Matthew Brooker	Wilan Basson	Conrad Scheepers	Jamie Smuts	Taro Tomitsuka
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 2

Lane	1	2	3	4	5	6	7	8
Swimmer	Jan-Lukas Van der Westhuizen	Caleb Jansen	Jack Allott	Wade Beukes	Jack Allott (Snr)	Tanner Gorille	Luke Glock	Matthew Brading
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 3

Lane	1	2	3	4	5	6	7	8
Swimmer	Tyler Ernstzen	Amica De Jager	Casey Bruwer	Erin Langenhoven (Snr)	Riziki Magotsi	Erin Langenhoven	Leon Walther-Kotzé	Grant Nefdt
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 4

Lane	1	2	3	4	5	6	7	8
Swimmer	Zia Petersen	Roy Clark	Amber-Rose Berry	Teagan Thompson	Amber-Rose Berry (Snr)	Miya Krog	Jessie Allott	Ellen Hodgkinson
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 5

Lane	1	2	3	4	5	6	7	8
Swimmer	Heather Cresswell	Liam Brownlee	Ellen Hodgkinson (Snr)	Imani Magotsi	Imani Magotsi (Snr)	Sylvie Gorille	Kyla Allott	Kianna-Gro Liversage (Snr)
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 6

Lane	1	2	3	4	5	6	7	8
Swimmer	Andrew Watts	Victoria Donaldson	Renee Vrahimis	Mascha Moorlach	Michelle Lamprecht	Sally Matusik	Zia Petersen (Snr)	Darryl Lindt
In	-----	-----	-----	-----	-----	-----	-----	-----

#3 Rescue Sport Series - UWC - Heat Sheets

Heat 7

Lane	1	2	3	4	5	6	7	8
Swimmer	Matthew Brading (Snr)	Mark Wiley	Luc Brand (Snr)	Garth Bruwer	Jake Hutton (Snr)	Marc Pincente	Mathew Pincente (Snr)	Matthew Brooker (Snr)
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 8

Lane	1	2	3	4	5	6	7	8
Swimmer	Joseph Brading	Nicola Harcus	Wilan Basson (Snr)	Soeren Bendixen	Tyler Erntszon (Snr)	Kianna-Gro Liversage	Jake Hutton	Sophia Wener
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 9

Lane	1	2	3	4	5	6	7	8
Swimmer								
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 10

Lane	1	2	3	4	5	6	7	8
Swimmer								
In	-----	-----	-----	-----	-----	-----	-----	-----

#3 Rescue Sport Series - UWC - Heat Sheets

100m Torpedo Buoy Rescue

Heat 1

Lane	1	2	3	4	5	6	7	8
Swimmer	Rohin Desai	Johannes Spangenberg	Saffiya Emjedi	Caro Bishop	Emilie Conradie	Tshegofatso Le Roux	Kallon Allott	Sebastian Neuhold
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 2

Lane	1	2	3	4	5	6	7	8
Swimmer	Boyd Skordis	Isla Conradie	Emily Clark	Vidar Bendixen	Yuanxi Daniel Lee	Emma Richards	Katie Dyason	Gian-Franco Fouche
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 3

Lane	1	2	3	4	5	6	7	8
Swimmer	Lukas Loubser	Grayson Haller	Adalayde Hoffman	Nolan Froneman	Zuhair Gamieldeen	Fia Moore Ackerman	Jean-Louis Kroon	Sam Bishop
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 4

Lane	1	2	3	4	5	6	7	8
Swimmer			Tara Desai	Willem Spangenberg	Elizabeth Spangenberg			
In	-----	-----	-----	-----	-----	-----	-----	-----

#3 Rescue Sport Series - UWC - Heat Sheets

100m Manikin Carry with Fins (Mini)

Heat 1

Lane	1	2	3	4	5	6	7	8
Swimmer	Lukas Loubser	Fia Moore Ackerman	Sam Bishop	Grayson Haller	Adalayde Hoffman	Tara Desai	Jean-Louis Kroon	Willem Spangenberg
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 2

Lane	1	2	3	4	5	6	7	8
Swimmer				Elizabeth Spangenberg				
In	-----	-----	-----	-----	-----	-----	-----	-----

#3 Rescue Sport Series - UWC - Heat Sheets

100m Manikin Carry with Fins (Medium)

Heat 1

Lane	1	2	3	4	5	6	7	8
Swimmer	Caitlin Barnes	Isabella Brooker	Puneet Nagendra kumar	Callan Compton	Rourke Louw	Jaydon Allott	Dylan Froneman	Caro Bishop
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 2

Lane	1	2	3	4	5	6	7	8
Swimmer	Gemma Blackburn	Tyler-Rose Nel	Emilie Conradie	Diego Jansen	Ryn Abrie	Saffiya Emjedi	Vidar Bendixen	Rohin Desai
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 3

Lane	1	2	3	4	5	6	7	8
Swimmer	Nolan Froneman	Boyd Skordis	Greyson September	Tyde Sim	Lune Fouche	Emma Richards	Johannes Spangenberg	Isla Conradie
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 4

Lane	1	2	3	4	5	6	7	8
Swimmer	Zuhair Gamieldeen	Sebastian Neuhold	Emma Brownlee	Rebecca Alderman	Tshegofatso Le Roux	Emily Clark	Katie Dyason	Kallon Allott
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 5

Lane	1	2	3	4	5	6	7	8
Swimmer			Zola Cristini	Yuanxi Daniel Lee	Gian-Franco Fouche	Indra Hoets		
In	-----	-----	-----	-----	-----	-----	-----	-----

#3 Rescue Sport Series - UWC - Heat Sheets

100m Manikin Carry with Fins

Heat 1								
Lane	1	2	3	4	5	6	7	8
Swimmer	Jake Hutton	Conrad Scheepers	Mathew Pincente	Wilan Basson	Matthew Brooker	Luke Glock	Jamie Smuts	Steven Waters
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 2								
Lane	1	2	3	4	5	6	7	8
Swimmer	Luc Brand	Jack Allott	Matthew Brading	Matthew Brooker (Snr)	Amica De Jager	Grant Nefdt	Jan-Lukas Van der Westhuizen	Caleb Jansen
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 3								
Lane	1	2	3	4	5	6	7	8
Swimmer	Wade Beukes	Tanner Gorille	Taro Tomitsuka	Amber-Rose Berry (Snr)	Miya Krog	Amber-Rose Berry	Tyler Ernstzen	Roy Clark
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 4								
Lane	1	2	3	4	5	6	7	8
Swimmer	Leon Walther-Kotzé	Teagan Thompson	Casey Bruwer	Garth Bruwer	Michelle Lamprecht	Riziki Magotsi	Erin Langenhoven	Ellen Hodgkinson
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 5								
Lane	1	2	3	4	5	6	7	8
Swimmer	Ellen Hodgkinson (Snr)	Jessie Allott	Joseph Brading	Sylvie Gorille	Imani Magotsi	Marc Pincente	Zia Petersen	Victoria Donaldson
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 6								
Lane	1	2	3	4	5	6	7	8
Swimmer	Heather Cresswell	Liam Brownlee	Imani Magotsi (Snr)	Kianna-Gro Liversage	Darryl Lindt	Kyla Allott	Erin Langenhoven (Snr)	Kianna-Gro Liversage (Snr)
In	-----	-----	-----	-----	-----	-----	-----	-----

#3 Rescue Sport Series - UWC - Heat Sheets

Heat 7

Lane	1	2	3	4	5	6	7	8
Swimmer	Luc Brand (Snr)	Andrew Watts	Sally Matusik	Mascha Moorlach	Renee Vrahimis	Zia Petersen (Snr)	Jake Hutton (Snr)	Mark Wiley
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 8

Lane	1	2	3	4	5	6	7	8
Swimmer	Sophia Wener	Wilan Basson (Snr)	Soeren Bendixen	Mathew Pincete (Snr)	Matthew Brading (Snr)	Tyler Erntszen (Snr)	Nicola Harcus	
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 9

Lane	1	2	3	4	5	6	7	8
Swimmer								
In	-----	-----	-----	-----	-----	-----	-----	-----

#3 Rescue Sport Series - UWC - Heat Sheets

100m Manikin Tow with Fins

Heat 1								
Lane	1	2	3	4	5	6	7	8
Swimmer	Matthew Brading	Luke Glock	Conrad Scheepers	Wilan Basson	Mathew Pincente	Matthew Brooker	Jamie Smuts	Amica De Jager
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 2								
Lane	1	2	3	4	5	6	7	8
Swimmer	Caleb Jansen	Steven Waters	Garth Bruwer	Jan-Lukas Van der Westhuizen	Luc Brand	Jack Allott	Taro Tomitsuka	Wade Beukes
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 3								
Lane	1	2	3	4	5	6	7	8
Swimmer	Casey Bruwer	Amber-Rose Berry	Teagan Thompson	Tanner Gorille	Grant Nefdt	Michelle Lamprecht	Amber-Rose Berry (Snr)	Erin Langenhoven
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 4								
Lane	1	2	3	4	5	6	7	8
Swimmer	Imani Magotsi	Sylvie Gorille	Ellen Hodgkinson	Miya Krog	Erin Langenhoven (Snr)	Marc Pincente	Ellen Hodgkinson (Snr)	Jessie Allott
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 5								
Lane	1	2	3	4	5	6	7	8
Swimmer	Zia Petersen	Kianna-Gro Liversage	Tyler Ernstzen	Jessie Allott (Snr)	Leon Walther-Kotzé	Darryl Lindt	Roy Clark	Riziki Magotsi
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 6								
Lane	1	2	3	4	5	6	7	8
Swimmer	Sally Matusik	Mascha Moorlach	Victoria Donaldson	Imani Magotsi (Snr)	Liam Brownlee	Heather Cresswell	Renee Vrahimis	Andrew Watts
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 7

#3 Rescue Sport Series - UWC - Heat Sheets

Lane	1	2	3	4	5	6	7	8
Swimmer	Wilan Basson (Snr)	Soeren Bendixen	Matthew Brading (Snr)	Jake Hutton (Snr)	Mark Wiley	Matthew Brooker (Snr)	Tyler Erntszen (Snr)	Nicola Harcus
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 8

Lane	1	2	3	4	5	6	7	8
Swimmer			Kyla Allott	Jake Hutton	Joseph Brading	Sophia Wener		
In	-----	-----	-----	-----	-----	-----	-----	-----

#3 Rescue Sport Series - UWC - Heat Sheets

200m Super Lifesaver

Heat 1								
Lane	1	2	3	4	5	6	7	8
Swimmer	Steven Waters	Conrad Scheepers	Matthew Brooker	Wilan Basson	Matthew Brooker (Snr)	Jack Allott	Jack Allott (Snr)	Jamie Smuts
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 2								
Lane	1	2	3	4	5	6	7	8
Swimmer	Casey Bruwer	Erin Langenhoven	Jan-Lukas Van der Westhuizen	Matthew Brading	Taro Tomitsuka	Luke Glock	Wade Beukes	Tanner Gorille
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 3								
Lane	1	2	3	4	5	6	7	8
Swimmer	Jessie Allott	Grant Nefdt	Amber-Rose Berry	Amica De Jager	Caleb Jansen	Amber-Rose Berry (Snr)	Miya Krog	Riziki Magotsi
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 4								
Lane	1	2	3	4	5	6	7	8
Swimmer	Roy Clark	Kianna-Gro Liversage (Snr)	Leon Walther-Kotzé	Erin Langenhoven (Snr)	Kianna-Gro Liversage	Teagan Thompson	Jessie Allott (Snr)	Ellen Hodgkinson
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 5								
Lane	1	2	3	4	5	6	7	8
Swimmer	Heather Cresswell	Mathew Pincente	Sylvie Gorille	Imani Magotsi	Imani Magotsi (Snr)	Ellen Hodgkinson (Snr)	Liam Brownlee	Mascha Moorlach
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 6								
Lane	1	2	3	4	5	6	7	8
Swimmer	Garth Bruwer	Andrew Watts	Sally Matusik	Michelle Lamprecht	Renee Vrahimis	Victoria Donaldson	Darryl Lindt	Jake Hutton (Snr)
In	-----	-----	-----	-----	-----	-----	-----	-----

#3 Rescue Sport Series - UWC - Heat Sheets

Heat 7

Lane	1	2	3	4	5	6	7	8
Swimmer	Tyler Erntzen (Snr)	Matthew Brading (Snr)	Mark Wiley	Luc Brand (Snr)	Marc Pincente	Mathew Pincente (Snr)	Soeren Bendixen	Wilan Basson (Snr)
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 8

Lane	1	2	3	4	5	6	7	8
Swimmer		Luc Brand	Tyler Ernstzen	Nicola Harcus	Jake Hutton	Joseph Brading	Sophia Wener	
In	-----	-----	-----	-----	-----	-----	-----	-----

Heat 9

Lane	1	2	3	4	5	6	7	8
Swimmer								
In	-----	-----	-----	-----	-----	-----	-----	-----